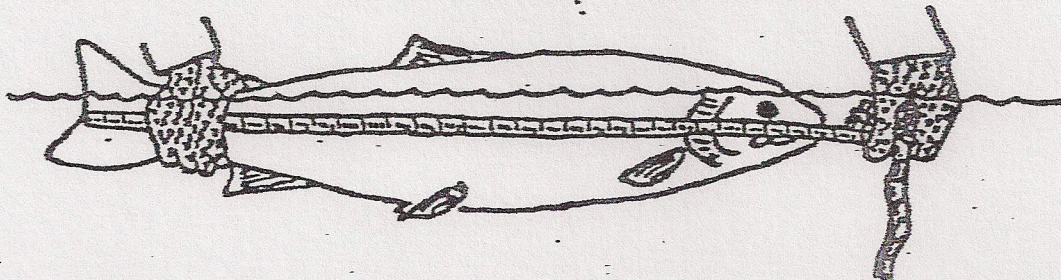


LIVE SAMPLING RAINBOW TROUT BY ONE PERSON

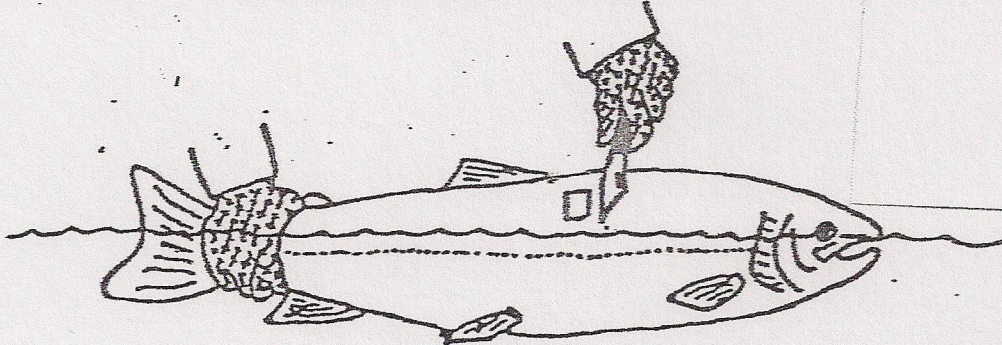
1. Have all sampling equipment ready (knife, measuring-tape, scale envelope and pencil).
2. After the fish is played out, bring it into the shallows (let it respire in the water).
3. Wearing the cotton glove, hold the fish just in front of the tail.



4. Slide the measuring-tape under the hand that is holding the fish until it reaches the fork of the tail.
5. Pull the tape out to the tip of the head and note the fork length (cm).



6. With your knife, remove a small area of slime from just in front of the dorsal fin and above the lateral line.
7. Wipe the slime off the knife on your glove.
8. With the tip of the knife, remove 10 scales (place knife with scales to one side).
9. Release the fish back into the river.
10. Place the scale sample in the envelope.
11. Record the length and sex information on your scale envelope. Record location and date.
12. Air dry the scale envelopes following your trip.



Appendix 4. Sampling technique for live-released rainbow trout.